

Youth Sports & Active Recreation

LIL' DRAGONS KARATE BEGINNERS

This is a fun class that teaches safety, life & martial arts. The focus in this class is to improve safety, coordination, cooperation, respect, balance, self control and self confidence.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
FCRU001	9/7 - 9/30	T/TH	5pm-5:30pm	5yrs+	8
FCRU002	10/5-10/28	T/TH	5pm-5:30pm	5yrs+	8
FCRU003	11/2-11/30*	T/TH	5pm-5:30pm	5yrs+	8
FCRU004	12/7-12/30	T/TH	5pm-5:30pm	5yrs+	8

Activity#	Date	Day	Time	Age	Sessions
FCRU005	9/7-9/28	T	5pm-5:30pm	5yrs+	4
FCRU006	10/5-10/26	T	5pm-5:30pm	5yrs+	4
FCRU007	11/2-11/30	T	5pm-5:30pm	5yrs+	5
FCRU008	12/7-12/28	T	5pm-5:30pm	5yrs+	4

Activity#	Date	Day	Time	Age	Sessions
FCRU009	9/9 - 9/30	TH	5pm-5:30pm	5yrs+	4
FCRU010	10/7-10/28	TH	5pm-5:30pm	5yrs+	4
FCRU011	11/4-12/2*	TH	5pm-5:30pm	5yrs+	4
FCRU012	12/9-12/30	TH	5pm-5:30pm	5yrs+	4

*No Class 11/25

Material Fee: \$99 (to be paid to instructor in class) Includes: Uniform, white belt, gloves, 3 patches and a folder with written material.

No material fee is required for the first class, but child cannot earn patches or color belt without a uniform.

4 week session

Resident \$65 / CRC Member: \$60

Non Resident: \$75 / CRC Member: \$65

5 week session

Resident: \$70 / CRC Member: \$65

Non Resident: \$80 / CRC Member: \$70

8 week session

Resident: \$85 / CRC Member: \$80

Non Resident: \$95 / CRC Member: \$85



KEMPO KARATE YOUTH BEGINNERS

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, strength, focus, respect, and build character. Sparring will be practiced with matches and sparring drills. All students must purchase their own safety gear.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
FCRU013	9/7 - 9/30	T/TH	5:30pm-6:15pm	6yrs+	8
FCRU014	10/5-10/28	T/TH	5:30pm-6:15pm	6yrs+	8
FCRU015	11/2-11/30*	T/TH	5:30pm-6:15pm	6yrs+	9
FCRU016	12/7-12/30	T/TH	5:30pm-6:15pm	6yrs+	4

Activity#	Date	Day	Time	Age	Sessions
FCRU017	9/7-9/28	T	5:30pm-6:15pm	6yrs+	4
FCRU018	10/5-10/26	T	5:30pm-6:15pm	6yrs+	4
FCRU019	11/2-11/30	T	5:30pm-6:15pm	6yrs+	5
FCRU020	12/7-12/28	T	5:30pm-6:15pm	6yrs+	4

Activity#	Date	Day	Time	Age	Sessions
FCRU021	9/9 - 9/30	TH	5:30pm-6:15pm	6yrs+	4
FCRU022	10/7-10/28	TH	5:30pm-6:15pm	6yrs+	4
FCRU023	11/4-12/2*	TH	5:30pm-6:15pm	6yrs+	4
FCRU024	12/9-12/30	TH	5:30pm-6:15pm	6yrs+	4

*No Class 11/25

Material Fee: \$99 (to be paid to instructor in class) Includes: Uniform, white belt, gloves, 3 patches and a folder with written material.

No material fee is required for the first class, but child cannot earn patches or color belt without a uniform.

4 week session

Resident \$65 / CRC Member: \$60

Non Resident: \$75 / CRC Member: \$65

5 week session

Resident: \$70 / CRC Member: \$65

Non Resident: \$80 / CRC Member: \$70

8 week session

Resident: \$85 / CRC Member: \$80

Non Resident: \$95 / CRC Member: \$85

YOUTH

KEMPO KARATE INTERMEDIATE/ADVANCED

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, strength, focus, respect, and build character. Sparring will be practiced with matches and sparring drills. All students must purchase their own safety gear.

Instructors: Sifu Arceli Bell & Sifu Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
FCRU025	9/7-9/28	T	6:15pm-7:15pm	8yrs+	4
FCRU026	10/5-10/26	T	6:15pm-7:15pm	8yrs+	4
FCRU027	11/2-11/30	T	6:15pm-7:15pm	8yrs+	5
FCRU028	12/7-12/28	T	6:15pm-7:15pm	8yrs+	4

Activity#	Date	Day	Time	Age	Sessions
FCRU029	9/9 - 9/30	TH	6:15pm-7:15pm	8yrs+	4
FCRU030	10/7-10/28	TH	6:15pm-7:15pm	8yrs+	4
FCRU031	11/4-12/2*	TH	6:15pm-7:15pm	8yrs+	4
FCRU032	12/9-12/30	TH	6:15pm-7:15pm	8yrs+	4

Activity#	Date	Day	Time	Age	Sessions
FCRU033	9/7 - 9/30	T/TH	6:15pm-7:15pm	8yrs+	8
FCRU034	10/5-10/28	T/TH	6:15pm-7:15pm	8yrs+	8
FCRU035	11/2-11/30*	T/TH	6:15pm-7:15pm	8yrs+	9
FCRU036	12/7-12/30	T/TH	6:15pm-7:15pm	8yrs+	8

*No Class 11/25

Material Fee: \$99 (to be paid to instructor in class) Includes: Uniform, white belt, gloves, one large Kempo patch, and a folder with written material. No material fee is required for the first class, but student cannot earn patches or color belt without a uniform.

4 week session

Resident: \$65 / CRC Member: \$60

Non Resident: \$75 / CRC Member: \$65

5 week session

Resident: \$70 / CRC Member: \$65

Non Resident: \$80 / CRC Member: \$70

8 week session

Resident: \$85 / CRC Member: \$80

Non Resident: \$95 / CRC Member: \$85



DROP IN TENNIS

"Drop in" to play, no partner required.

Location: Community Park, Tennis Courts

Every Saturday 10am-12pm

Open to the public

Free

TINY TOT TENNIS

This is an introductory program utilizing short mini-nets, pressure-less tennis balls, as well as larger foam balls. The program will stress fundamentals and techniques basic to the game of tennis. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers 408-828-6501

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
FPKT001	9/8-10/13	W	2:30pm-3pm	3-4yrs	6
FPKT002	10/20-12/1*	W	2:30pm-3pm	3-4yrs	6

*No Class 11/24

Resident: \$41 / CRC Member: \$36

Non Resident: \$46 / CRC Member: \$41

FUNDAMENTALS OF TENNIS

This is a course designed to teach the fundamentals, proper techniques and skill development to the players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers 408-828-6501

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
FPKT003	9/8-10/13	W	3pm-3:30pm	5-8yrs	6
FPKT004	10/20-12/1*	W	3pm-3:30pm	5-8yrs	6
FPKT005	9/8-10/13	W	3:30pm-4:00pm	9-12yrs	6
FPKT006	10/20-12/1*	W	3:30pm-4:00pm	9-12yrs	6

*No Class 11/24

5-8 yrs

Resident: \$41 / CRC Member \$36

Non Resident \$46 / CRC Member \$41

9-12 yrs

Resident: \$77 / CRC Member: \$72

Non Resident \$82/ CRC Member: \$77

YOUTH TENNIS LEAGUE

This junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare The Juniors for USA Team Tennis play. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers 408-828-6501

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
FPKT007	9/30-10/21	TH	3:30pm-4:30pm	8-12yrs	4
FPKT008	11/4-12/2*	TH	3:30pm-4:30pm	8-12yrs	4

*No Class 11/24

Resident: \$53 / CRC Member: \$48

Non Resident: \$58 / CRC Member: \$53

TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Mike Myers 408-828-6501

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
FPKT016	9/4-12/19	SA-SU	Anytime	5 yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

MOTHER & CHILD GOLF

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause Northern California Teacher of the Year.

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
FOTR008	9/12-10/10	SU	11am-12pm	4-15yrs	5
FOTR009	10/24-11/21	SU	11am-12pm	4-15yrs	5

Resident: \$64 / CRC Member: \$59

Non Resident: \$69 / CRC Member: \$64

JR. GOLF

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned.

Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Stuart Spence

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
FOTR010	9/11-10/9	SA	1pm-2pm	5-17yrs	5
FOTR011	10/23-11/20	SA	1pm-2pm	5-17yrs	5
FOTR012	9/12-10/10	SU	1pm-2pm	5-17yrs	5
FOTR013	10/24-11/21	SU	1pm-2pm	5-17yrs	5

Resident: \$57 / CRC Member: \$52

Non-Resident: \$62 / CRC Member: \$57

KIDZ LOVE SOCCER

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!"

Shin guards are required after the first meeting.

KLS class status hotline (800) 871-2275


Instructor: Kidz Love Soccer Staff

Location: Community Park

Activity#	Date	Day	Time	Age	Sessions
Tot Soccer					
FPKL001	9/18-10/30	SA	4:35pm-5:05pm	3½-4yrs	7
Pre Soccer					
FPKL002	9/18-10/30	SA	3:15pm-3:50pm	4-5yrs	7
Soccer 1					
FPKL003	9/18-10/30	SA	2:30pm-3:15pm	5-6yrs	7
Soccer 2					
FPKL004	9/18-10/30	SA	3:50pm-4:35pm	7-8yrs	7


Resident: \$87 / CRC Member: \$82


Non Resident: \$92 / CRC Member: \$87




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**WE'RE HERE
TO ENRICH
YOUR CHILD**

At the Y, our child care and youth sports programs give your child the self-confidence and skills they need to be successful.

ENROLL TODAY! *Financial assistance available*

Y MT. MADONNA YMCA | 17666 Crest Ave., Morgan Hill
(408) 762-6000 | www.mtmadonnaymca.org

MOMMY/DADDY & ME SOCCER

The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are a part of the action! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week.

Location: Galvan Park

Activity#	Date	Day	Time	Age	Sessions
FPKL005	9/18-10/30	SA	5:20pm-5:50pm	2-3½ yrs	7

Resident: \$87 / CRC Member: \$82

Non Resident: \$92 / CRC Member \$87

MUNCHKIN SPORTS

This class provides an introduction to soccer and basketball with an emphasis on fun while promoting new friendships through the basic fundamentals!

Instructor: CRC Staff

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
FCRF013	9/1-9/29	W	6pm-6:45pm	3-5yrs	5
FCRF014	10/6-11/3	W	6pm-6:45pm	3-5yrs	5

Resident: \$45 / CRC Member: \$40

Non Resident: \$50 / CRC Member: \$45

MUNCHKIN SPORTS II

This class is for those who have participated in munchkin sports, and are looking to learn more skills and play soccer and basketball games, while having fun and making new friends.

Instructor: CRC Staff

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	Time	Age	Sessions
FCRF015	9/13-10/11	M	6pm-6:45pm	3-5yrs	5
FCRF016	10/18-11/15	M	6pm-6:45pm	3-5yrs	5

Resident: \$45 / CRC Member: \$40

Non Resident: \$50 / CRC Member: \$45

JUST FOR HOOPS YOUTH BASKETBALL

Just 4 Hoops staff will conduct instructional youth basketball lessons developing skills and the age-appropriate emotional development required for the game of basketball. A typical session includes a warm-up; topic introduction; demonstration; activities to learn and practice the particular skill; recreational game to provide the participants an environment simulating a basketball game in which to practice; and finally, a game. Each activity varies according to age and ability and is structured to provide every child the opportunity to express him/herself and grow at his/her own rate. The emphasis is on learning and having fun, not winning.

Kindergarteners and first graders. Participants learn to understand cooperation and guidance from a Just4hoops, inc. staff coach. Basic skills of basketball and learning to control the ball are the focus

Second-third graders. Continues basketball development emphasizing dribbling, passing, shooting, and defense through fun activities as well as a game at the end of each session. Emphasis still remains on the basic skills utilizing fun activities. Team concepts are presented in games to give players the beginning of basketball tactics.

Second-sixth graders. Individual and team skills are of equal importance at this level. Expectations of each position are explained and developed for a truly exceptional basketball experience. The focus still remains on developing the player's individual skills while moving to the game level.

Instructor: Just 4 Hoops Staff

Location: Centennial Recreation Center, Gymnasium – West Side

Activity#	Date	Day	Time	Age	Sessions
K-1 GRADES					
FCRM001	9/16-11/4	TH	3:15pm-4pm	5-6yrs	8
FCRM002	11/11-12/9*	TH	3:15pm-4pm	5-6yrs	4
2-3 GRADES					
FCRM003	9/16-11/4	TH	4pm-5pm	7-8yrs	8
FCRM004	11/11-12/9*	TH	4pm-5pm	7-8yrs	4
4-6 GRADES					
FCRM005	9/16-11/4	TH	5pm-6pm	9-12yrs	8
FCRM006	11/11-12/9*	TH	5pm-6pm	9-12yrs	4
*No Class 11/25					

4 sessions

Resident: \$48 / CRC Discount: \$43

Non Resident: \$53 / CRC Discount \$48

8 sessions

Resident: \$95 / CRC Member: \$90

Non Resident: \$100 / CRC Member \$95

Things To Do
mark your calendars

Tons of fun, activities, and events
for the whole family. See page 4.
Just For Teens - pages 30 & 32.

SKATEBOARD OR BMX GROUP LESSONS

Learn the fundamentals, safety, and proper techniques of skateboarding or BMX riding with private or group lessons
 Instructor: Morgan Hill Skate/BMX Park Staff
 Location: Morgan Hill Skate/BMX Park

BMX Group Lessons

Activity#	Date	Day	Time	Age	Sessions
FOTP001	9/7-9/30	T/TH	4pm-5pm	5-12yrs	8
FOTP002	10/5-10/28	T/TH	4pm-5pm	5-12yrs	8

Skateboarding Group Lessons

Activity#	Date	Day	Time	Age	Sessions
FOTP003	9/13-10/6	M/W	4pm-5pm	5-12yrs	8
FOTP004	10/11-11/3	M/W	4pm-5pm	5-12yrs	8

Resident: \$90 / CRC Member: \$85

Non Resident: \$100 / CRC Member: \$95

SKATEBOARD OR BMX PRIVATE LESSONS

Get one on one attention your child can use to improve his or her skills on a board or bike. All ages are welcome. Contact us for more information at (408) 782-2128 or stop by to book lessons at the Centennial Recreation Center.

Instructor: Morgan Hill Skate/BMX Park Staff

Location: Morgan Hill Skate/BMX Park

4 (1 Hour Sessions)

Resident: \$185 / CRC Member: \$180

Non Resident: \$190 / CRC Member: \$185

8 (1 Hour Sessions)

Resident: \$325 / CRC Member: \$320

Non Resident: \$330 / CRC Member: \$325

Need space?



Room Rentals
at the Community &
Cultural Center as low as

\$25 /hr

Just some of our amenities:

- Banquet and classroom seating
- Executive style boardroom table
- Teleconferencing needs
- Advanced sound system
- Dance floor
- LCD projector and screens
- TV, DVD, and VCR capabilities
- White board
- Internet hook-ups

Space available:

- * Two large multi-purpose
- * Three classrooms
- * Two meeting rooms
- * Children's pavilion
- * Full-service kitchen
- * Outdoor amphitheater
- * Charming rose garden

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ANNUAL SOUTH COUNTY GARAGE SALE COMING IN SEPTEMBER



See page 49 for details.